Upcoming Worship Services

May 5: Aligning Our Menus with Our Values
Jay Quigley, Guest Speaker

Jay Quigley will discuss the devastating impacts of animal agriculture on the planet and the ethical imperative to rebuild our broken food system. He will introduce the new Green Sunday initiative. This Sunday's plate collection will be donated to Factory Farming Awareness Coalition.

May 12: Our Mothers’ Legacy
Jeff Palmer, Lay Worship Leader

Our word for the person who gave us birth is mother and our name for the planet which nourishes us is Mother Earth. They both create a legacy of holding and sustaining us, helping us to grow and thrive. What can we do to express our gratitude on Mother’s Day? In our family, we call or send flowers and a card. Maybe take a mom out to lunch. How can we join with all our siblings worldwide to promote the health of Mother Earth on this special day?

May 19: Our Homogeneous Home
Rev. Marsh Agobert, Worship Leader

Following our recent examination of the differences between homogeneous cultures (those comprised of like persons) and heterogeneous cultures (made of a mix of peoples) we’ll now take a look at the homogeneous community of BFUU to better understand how this effects us now and in the near future.

May 26: “Moses” of Maryland: The Sainthood of Harriet Tubman
Rev. Dr. Carrie Knowles, Guest Worship Leader

As Memorial Day approaches, Rev. Dr. Carrie Knowles will honor the life of one of the most revered women in American history. Long known for leading slaves to freedom via the Underground Railroad, Harriet Tubman served the Union as armed scout and spy in the Civil War, fought for women’s suffrage, and founded a home for “aged and indigent colored people.” Enshrined as a saint in both the Episcopal and Lutheran church, she had been scheduled to appear on the US $20 bill until the plan was blocked by the current U.S. Treasury Secretary.
We 💗

Worship Services

Worship Team April 14, 2019
1 to r, back: Jesse, Dr. Susan, Dr. Sue Magidson, Christine
front: Andy, Evelie Posch, Eva

Worship Team April 21, 2019
1 to r, back: Doug, Arlo, Jesse, Rev. Marsh, Gael; front: Andy

Worship Team March 24, 2019
1 to r, Paieka, Jesse, Dr. Susan, Joanna, Rev. Carrie, Doug, Andy

Worship Team March 31, 2019
1 to r, back: Johanna Resplendent, Ira, Lauren Way, Dr. Susan, Elinor; front: Andy

Teams!

Hear Hear – Here!
Could you use a little help to hear the Sunday service more clearly? Help is now available—in the form of personally adjustable headphones. Each Sunday, several headphones will be available at the Greeter’s Table near the front door. Just tell the greeter if you’d like to try one and decide for yourself how helpful they can be.
The Generosity Project

The practice of turning over the collection plate to a worthwhile organization thrived at the Fellowship under the ministerial leadership of Rev. Ben Meyers. It was put on hold for a time but returned on Mother’s Day, 2017. Fittingly the beneficiary that day was Healthy Black Families. Since then a total of 16 other organizations have benefitted from the generosity of BFUU members and friends for a total of over $2,000. Turning over the plate to good causes is popular at other UU churches as well. It fosters a spirit of generosity.

Some beneficiaries were recommended by guest worship leaders. For example, Melanie DeMore chose the Oakland LGBTQI Community Center. Edy Boone selected the Friends of Adeline. Anthony Forrest chose Planting Justice.

Other beneficiaries were recommended by members who work with a particular organization around social justice issues. These organizations included the Anti Police Terror Project, TRUUsT (serving UU professionals who are trans people), the Charlotte Maxwell Clinic, Code Pink, and the UU Ministry for Earth.

Beneficiary organizations that promote educational goals included the STEM program at Rose Parks Elementary School, the Black Engineering and Science Student Association at Cal Berkeley, and the Social Justice Sewing Academy.

Other beneficiaries have included Food Not Bombs, the Berkeley Food Pantry, and the Trans Gender Intersex Justice Project.

Want to recommend a beneficiary? Please give the name of the group, its contact information and the reason for your choice to Joanna Foley, Chair, Worship Services Committee. Make sure that your recommended group has a mailing address and social justice purpose. Ideally your group would be willing to send their literature or a representative to our Sunday service.

The Generosity Project helps the Fellowship to build relationships with community groups which share our goals. Most have written notes of appreciation, saying, “Thanks for all that you do!”

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**Regular Committee Meetings**

<table>
<thead>
<tr>
<th>Aesthetics (subcom. of B&amp;G)</th>
<th>Finance</th>
<th>Personnel</th>
<th>Social Justice Ministry (subcom of SJC)</th>
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</thead>
<tbody>
<tr>
<td>2nd Friday at 11:30 AM in Fellowship Hall</td>
<td>Meets as needed contact Ben Burch or Abbot Foote</td>
<td>3rd Thursdays 2:30 PM Mike Gardner’s house</td>
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<tr>
<td><strong>Buildings &amp; Grounds (B&amp;G)</strong></td>
<td><strong>Hospitality</strong></td>
<td>Poetry</td>
<td>Social Justice (SJC)</td>
</tr>
<tr>
<td>Meets once per month, contact Ben Burch or Abbot Foote</td>
<td>4th Sunday at 12:30 PM in Fellowship Hall</td>
<td>Meets as needed contact Frances Hillyard</td>
<td>3rd Sunday 12:30 PM in Fellowship Hall</td>
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<tr>
<td>Caring</td>
<td><strong>Membership</strong></td>
<td>Religious Education</td>
<td><strong>Worship Services</strong></td>
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<tr>
<td>4th Sunday at 12:30 PM in Fellowship Hall</td>
<td>4th Sunday at 12:30 PM in Fellowship Hall</td>
<td>Meets as needed contact Sharon Colligan</td>
<td>2nd Tuesday at 10:00 AM in Fellowship Hall</td>
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<tr>
<td><strong>Committee on Ministry</strong></td>
<td><strong>Music</strong></td>
<td><strong>Treasurer</strong></td>
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<tr>
<td>meets as needed contact Abbot Foote</td>
<td>2nd Sunday 12:30 PM Fellowship Hall</td>
<td>3rd Thursdays 2:30 PM in Fellowship Hall</td>
<td><strong>Treasurer</strong></td>
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Singing on the Journey

“So high you can’t get over it
So low you can’t get under it
So wide you can’t get around it
You must come in at the door.”

Words of wisdom in the old songs
sung by people together
in groups
in communities
singing truth
seeking solace
on the shared journey through life
to a better world they see
though they may never get there
said Martin Luther King.

The vision of that world is a force
more powerful than the might of armies
the possession of property
the wealth of a few.

The vision, the dream of that world
keeps people together on the path of life
as they gather in communities of many faiths
sing together in the search for meaning
for strength, for the journey
towards a world where
no one will go hungry
and there will be food
and water
and blessed rest
on the long, winding road
of life.

Marianne Robinson
BFUU Poet Laureate
**March Motown Luau!**

On Saturday March 30, BFUU members, friends, and community gathered for a fabulous Hawaiian themed luau with live music from the Blue Moon Bandits. Roasted pineapple, shrimp, chicken skewers, Hawaiian mac ’n cheese, and coconut coleslaw were some of the treats laid out for the potluck, and flowers and Hawaiian aloha shirts helped complete the tropical theme. The dance was sponsored by the Music Committee just to have fun, and the music for lively dancing ranged from rock and roll, pop, and blues, with a few Hawaiian songs led by the BFUU ukulele players with Doug Chambers on Hawaiian guitar. At the end of the evening, we bid each other a fond farewell until we met again with the song “Aloha Oe.”

**Dr. Susan T. Mashiyama**

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**Hearts on Our Sleeves**

.gender expansive community in America

The Aesthetics Subcommittee hosted another successful and thought-provoking artist reception – this time for Richard Man on March 31. Richard is a photographer specializing in large-format works. This exhibit features 20+ images from his project of portraits and stories of transgender people. Please enjoy his wonderful photos in Fellowship Hall through the end of May.

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**Richard Man Artist Reception**

Richard Man setting up his exhibit in advance of the reception

Evelie singing at the reception
Community Voices

Going Ape at an LA Gallery: Guy Colwell

What does our sexton Guy Colwell do on his day off? Sometimes he pursues his other career. He’s an artist who goes to openings at galleries where his art work is displayed. As a longtime painter, Guy knows how these events usually go. Wear a tie—or not—greet the guests who show up, chat while they sip wine and hope they will buy some of the available works.

A recent opening at La Luz de Jesus Gallery in Los Angeles presented Guy’s exhibition titled “The Wayward Ape.” He says, “It addresses the ever-present disconnect between human evolution and the natural order of the planet.”

One guest did more than sip wine and chat; he purchased “Primates” – an oil painting which had previously been displayed in Guy’s exhibition at BFUU. The purchaser was Leonardo DiCaprio!

And if that were not thrilling enough, Leonardo then presented the painting to Jane Goodall as a gift for her 85th birthday. Goodall is one of the world’s most noted primate researchers, having spent 50 years observing chimpanzees in Africa.

It seems that Jane and Guy are on the same wave length when it comes to our nearest relatives in the animal kingdom. “Something about primates is especially engaging to me,” he says. “As I did the preliminary drawing, it kept expanding to include a broader and broader slice of the extant monkey species. I started adding some apes.”

La Luz was founded in 1986 to make underground artists and counterculture accessible to the general public. Billy Shire, the founder, said, “Art should be by the people and for the people. It should be something that speaks to you, that entertains and challenges and changes your outlook.”

As a Figurative Social Surrealist artist, Guy would say, “Amen to that.” And then he would go back to his day job at BFUU.

Joanna Foley

Solar Panel and Elevator Funds!

BFUU has set up two funds for 1) solar panels on Fellowship Hall roof and 2) an elevator for the Religious Education building (where the office is located.) If you’d like to donate by:

Check - write “solar” or “elevator” in the memo portion of your check and drop off or mail to BFUU 1606 Bonita Ave., Berkeley CA 94709 (or put in Worship Service basket!)

Cash - bring to office Mon-Fri 11 AM - 3 PM (to allow time to deposit before closing) or put in envelope (with note as to “solar” or “elevator”) in the basket at Worship Service.

Credit Cards/Paypal - go to www.bfuu.org/contact/contribute and choose Paypal (gold) or Vanco (blue) buttons to make a contribution. Please note “solar” or “elevator.”
Featured BFUU Events

The Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side of the Hall, and has a T-Loop system to enhance audio for those with hearing aids. The Preschool Room is only reservable by BFUU groups and is accessible on the ground level of our Religious Education Building (1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benjy Rooms are not wheelchair accessible.

Green New Deal Town Hall
Saturday May 4 at 7-10 PM in Fellowship Hall

Big Green Wave Headed West Headed Your Way!
BFUU will share information on the Green New Deal, host a panel of local leaders, and provide time for discussion of local strategies for educating the public and getting politicians to endorse the Green New Deal.

Sponsored by BFUU Social Justice Committee and the Sunrise Movement

Weekly BFUU Events

Qi Gong & T’ai Chi with Gene Herman
Mondays, 4-5 PM in Fellowship Hall
Wednesdays, 3-4 PM in Fellowship Hall
This practice improves health and well-being at any age.

Pastoral Care with Lincoln Statler
Tuesdays from 10 AM - 12 noon in Fellowship Hall
Contact BFUU pastoral care team via voicemail at 510-841-4824 x2 or pastoralcare@bfuu.org.

Ministerial Office Hours with Rev. Dr. Carrie
Tuesdays from 2 PM - 6 PM in the Ministers Office
Contact Rev. Dr. Carrie at revcarrie@bfuu.org for an appointment. You can also leave a voicemail for Rev. Carrie on ministerial as well as pastoral care subjects at 510-841-4824 x2.

Ministerial Office Hours with Rev. Marsh
Wednesdays from 10 AM - 3 PM in the Ministers Office
Contact Rev. Marsh at revmarsh@bfuu.org for an appointment. You can also leave a voicemail for Rev. Marsh on ministerial as well as pastoral care subjects at 510-841-4824 x2.

BFUU Choir Practice
Wednesdays at 7-8:30 PM in Fellowship Hall
We practice songs for the worship services, learn melodies, and work on musicality and harmonies.
Everyone who practices with us is invited to sing with the choir at the front of the hall on Sundays, but no pressure! Everyone is also welcome to just join in on Wednesday practice for fellowship and/or to be able to sing more confidently and joyously in the congregation on Sundays. Please invite your friends and neighbors. These gatherings are offered by BFUU as a service to build community.
**BFUU Men’s Group**  
*Thursday, May 2 at 7-9 PM in Fellowship Hall*  
We would like to invite all men to a Men’s Group on the first Thursday of the month. Our goal is to encourage each other as we build community. Hope to see you there next time.

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**Orientation for Newcomers**  
*Sunday, May 5 after service in the lobby of Fellowship Hall*  
There is an orientation for newcomers after the service on the first Sunday of each month. All are welcome, whether you are considering membership or not.

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**Elders Circle - Special May In-Service Meeting!**  
*Tuesday, May 7 at 11 AM in Fellowship Hall*  
During Elder Circle, Pastoral Care Associate Lincoln William Statler, M.A.S.C. will lead an informal educational in-service about the truths, strengths, and goals of hospice care. Hospice is symptom and pain management that focuses on patients’ physical, psychological, spiritual, and emotional health during the final months of terminal illness. It is a holistic and patient-centered healthcare service. Please join us the first Tuesday in May for this special Elder Circle meeting!

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**The Hardly Strictly Acoustic Jam**  
*Friday, May 10 at 7 PM in Fellowship Hall*  
Join us for BFUU’s new jam session format. Come sit in our circle, share music, songs, poetry, excerpts from your new book, jokes and stories. We welcome all entertainers and entertainees to fill the Hall with performance, connection, and appreciation for all forms of art.  
Sponsored by the BFUU Music Committee.  
Suggested donations of $5 – $20 No one turned away for lack of funds! Volunteers appreciated!

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**BFUU Second Sundays Potluck**  
*Sunday, May 12 after service (12:30 PM) in Fellowship Hall*  
Come one, come all! Whether you have a dish to share* or not, we invite you to join us as we break bread in the spirit of loving community. If you can, please help us set up tables and chairs before and put them away afterward. In between, join in the bounty provided by members and friends. Members, friends, neighbors, and the wider community are welcome!

*If you bring a dish, please also bring a printed list of all ingredients so those with allergies, interactions and dietary restrictions can enjoy the dishes they can eat and avoid those they can’t eat.*
BFUU Writers Group
Sunday, May 12 at 1 PM in the Preschool Room - no animals
Wheelchair accessible. Beginners welcome! Our Writers Group includes beginners to advanced, and all genres, including fiction, short story, poetry and more. After a 7-minute writing exercise, we write for an agreed-upon period of time. Then we read our work aloud and give each other positive feedback.

Women’s Voices
Tuesdays, May 14 & 28; June 11 & 25; July 9 & 23  4:30-6:00 pm in Fellowship Hall Foyer
a group for BFUU members and friends who are cis or trans women, or gender fluid
*to find our own inner voices as we hear our siblings speak
*to put forth our truths where we can be truly heard
*to share spiritual community and support
   Lifting up our voices together!
Facilitated by:  Rev. Dr. Carrie Knowles, BFUU Minister/Pastoral Care, and Joanna Foley, Chair, Worship Services Committee
For more information or to sign up, please contact: revcarrie@bfuu.org | (510) 841-4824

Uke Jam
Friday May 17 at 7 PM in the Fireside Room
BFUU holds a uke jam for those who want to experience more music in their lives. First-time players are welcome and if you need to borrow a ukelele, let us know because we might be able to loan you one. If you have questions or want to let us know you’re attending, please send your name and email address to jeffpalmer123@comcast.net for details on next meeting. Otherwise, please just drop in and join us!

BFUU Board Meeting
Thursday, May 23 at 7:15 PM in Fellowship Hall

Vintage Invasion Old Fashioned Dance Party
Friday May 24 at 7 PM in Fellowship Hall
  7 – 8 pm  Beginning waltz lesson
  8 – 10 pm  DJ dance party
  10 – 11 pm  Dance to live music!
Full of waltz songs new and old, swing dance, and other ballroom dances
$10, $6 students with ID No one turned away for lack of funds. Class free with dance
www.ViDanceParty.com  Sponsored by the BFUU Music Committee
Other Community Events held at BFUU

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The Swinging Singing Seniors is ON HIATUS

Our Revolution East Bay
Meetings are held at BFUU on the first Sunday of each month from 4-6pm in the Connie Barbour Room. Doors open at 3:45 PM
Pizza will be provided and feel free to bring something to share!

Women & Song, a women’s singing group
Directed by Deborah “DJ” Hamouris
2nd & 4th Thursdays 7 - 8:30pm in the Preschool Kitchen
Women & Song is looking for a few good women to sing & laugh with us! At each rehearsal we learn songs & rounds, including some originals. If you can hold your own on a round and read a bit of music, join us! $20-$10, sliding scale Reserve your space: 510/910-2574 or deborahj@djhamouris.com

Come dance, play and connect at Village Dance Party!

Third Sundays from 3:45 pm - 5:30 pm in Fellowship Hall
This is a multi-generational community celebration of life for ALL ages and bodies, from babies to elders, and everyone in between. We highlight local musicians and facilitators and donate to organizations that support healthy people and a healthy planet. More info: www.villagedanceparty.com

7th Annual Berkeley Dulcimer Gathering
Saturday, May 18, 9am-6pm in Fellowship Hall
This American folk instrument is enjoyed by beginner and master alike, easily accessible to new players and adaptable to all genres of music. Nationally known instructors and loaner instruments get you making music right away! Schedule includes 3 workshops, lunch time concert, Grand Dulcimer Orchestra finale and playing circle. djh@berkeleydulcimerconference.com https://www.berkeleydulcimerconference.com/

Seele Stars Summer Camp
Summer is the time for friendship, imagination, and fun! Taught by a credentialed teacher with her Master Degree of Education. Keep your students’ scholastic-based learning going as we incorporate singing, dancing, and acting into language arts curriculum in an engaging environment resulting in a musical theater showcase! June 17-21 & July 15-19 from 9-4pm M-F at 1924 Cedar Street Berkeley, $450. https://www.seelestars.com/
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<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
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<th>Sat</th>
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<tbody>
<tr>
<td>5 1st Day of Ramadan 9:30 am Choir Rehearsal*</td>
<td>10:30 am Worship Service* 12 noon Newcomer Orientation* 12:30 pm SJM Mtg* 4 pm Our Revolution East Bay 8 pm AA Mtg</td>
<td>6 4 pm BFUU Qigong/ T’ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion</td>
<td>7 7:30 am Augustine Fellowship 10 am Pastoral Care with Lincoln* 11 am Elders Circle Hospice In-Service* 2 pm Rev. Carrie office hours* 7 pm AA Men’s Mtg</td>
<td>8 10 am Rev. Marsh office hours* 3 pm BFUU Qigong/ T’ai Chi* 7 pm NA Men’s Mtg 7 pm Choir Practice*</td>
<td>9 11:45 am AA Meditation 7 pm BFUU Men’s Group* 8 pm AA Dignitaries</td>
<td>3 6 pm Soul Motion 4 9 am ASCA 6 pm Augustine Fellowship 7 pm Green New Deal Town Hall*</td>
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<tr>
<td>12 Mother’s Day 9:30 am Choir Rehearsal*</td>
<td>10:30 am Worship Service* 12:30 pm 2nd Sunday Potluck* 12:30 pm MusCom mtg* 1 pm BFUU Writers Group 1 no animals* 8 pm AA Mtg</td>
<td>13 4 pm BFUU Qigong/ T’ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion</td>
<td>14 7:30 am Augustine Fellowship 10 am Pastoral Care with Lincoln* 10 am Worship Svcs Ctte Mtg* 2 pm Rev. Carrie office hours* 4:30 Women’s Voices* 7 pm AA Men’s Mtg</td>
<td>15 10 am Rev. Marsh office hours* 3 pm BFUU Qigong/ T’ai Chi* 7 pm NA Men’s Mtg 7 pm Choir Practice*</td>
<td>16 11:45 am AA Meditation 2:30 pm Personnel Committee (at Mike Gardner’s house)* 8 pm AA Dignitaries</td>
<td>17 7 pm Uke Jam* 18 9 am ASCA 9 am 7th Annual Berkeley Dulcimer Gathering 6 pm Augustine Fellowship</td>
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<tr>
<td>19 9:30 am Choir Rehearsal*</td>
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<td>23 11:45 am AA Meditation 7 pm Women &amp; Song 7:15 pm BFUU Board of Trustees Mtg* 8 pm AA Dignitaries</td>
<td>24 7:00 pm Vintage Invasion Dance Party* 25 9 am ASCA 6 pm Augustine Fellowship</td>
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<tr>
<td>26 9:30 am Choir Rehearsal*</td>
<td>10:30 am Worship Service* 12:30 HMC- Hospitality, Membership and Caring-Cttees Mtgs* 8 pm AA Mtg</td>
<td>27 Memorial Day 6:30 pm Soul Motion</td>
<td>Holiday BFUU Office CLOSED No BFUU T’ai Chi/ Qigong today</td>
<td>28 7:30 am Augustine Fellowship 10 am Pastoral Care with Lincoln* 2 pm Rev. Carrie office hours* 4:30 Women’s Voices* 7 pm AA Men’s Mtg</td>
<td>29 10 am Rev. Marsh office hours* 3 pm BFUU Qigong/ T’ai Chi* 7 pm NA Men’s Mtg 7 pm Choir Practice*</td>
<td>30 11:45 am AA Meditation 8 pm AA Dignitaries 6:30 pm BDPNN Berkeley Disaster Prep</td>
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5/27 Memorial Day Holiday! * denotes Fellowship event
Spiritual Growth and Social Justice in the Heart of Berkeley

Building character, enriching spirits, promoting community, and serving humankind through spiritual growth and social action.

BFUU OFFICE HOURS
Monday - Friday: 11 a.m. to 5 p.m.

BFUU OFFICE STAFF
Deborah Hamouris - Event Space Coordinator
Phone: 510-841-4824, ext. 3
Office Days: Tue, Wed & Fri
Email: rooms@bfuu.org

Susan Macke - Office Coordinator
Phone: 510-841-4824, ext. 1
Office Days: Mon, Tue, Thu & Fri
Email: office@bfuu.org

SUBMISSION DEADLINE FOR JUNE COMMUNICATOR: May 20
Please email newsletter@bfuu.org with submissions.

Address Correction Requested
Berkeley Fellowship of Unitarian Universalists
1606 Bonita Ave.
Berkeley, CA 94709