Upcoming Worship Services

April 7: What Does It Mean to “Green the Church”?
Ryan Carroll, Guest Speaker

Climate change hits the hardest in communities of color. Now those communities are fighting back through Green the Church, a campaign to expand African American churches’ role as a force for environmental and economic resilience. Green the Church empowers church leaders and lay people to develop practical solutions to economic and environmental issues in the Black community. Rev. Ambrose Carroll, the founder, is a Berkeley pastor at Church By the Side of the Road. His nephew Ryan Carroll will speak about how allies can support and enhance the power of Green the Church.

April 14: Faith for the Journey
Rev. Dr. Sue Magidson, Guest Worship Leader

How do you keep on keeping on when things get rough? Does faith play a role? What the heck does faith mean for a UU, anyway?

April 21: Revisiting the Rings of Inclusion
Rev. Marsh Agobert, Worship Leader

We are each entitled to our opinion, regarding absolutely anything and everything. Therefore, we will eventually come to disagree about some or several of these points. Yet, even with this understanding at the outset we still find it important to make these points of contention, so deeply held that we are willing to risk everything; life, limb and planet. How do we fall into such deep separation and how can we change this most ancient of processes; that we might find a way to include even those who are different?

This may well be the tenth hour of our human presence on this planet. The outcome is NOT inevitable; it is a choice. Choose first – figure out how later... as we go.

April 28: After Exodus: Our Call, Our Response
Rev. Dr. Carrie Knowles, Guest Worship Leader

Yesterday was the last day of Passover, a time that commemorates the Israelites’ exodus from their enslavement in Egypt and journey to the Promised Land. This Bible story is myth, not history—yet for centuries it has been a template for liberation and justice. Rev. Dr. Carrie Knowles considers our challenge as Americans in these turbulent times as our values face attack. Exodus tells us, getting out of bad times is one thing—getting to a better place requires even greater effort and the efforts of new generations.
Cleric’s Corner

The Nordic Four Orders of Foreignness

The Nordic language recognizes four orders of foreignness. The first is the otherlander, or utlänning, the stranger that we recognize as being a human of our world, but of another city or country. The second is the framling—Demosthenes merely drops the accent from the Nordic främling. This is the stranger that we recognize as human, but of another world. The third is the raman, the stranger that we recognize as human, but of another species. The fourth is the true alien, the varelse, which includes all the animals, for with them no conversation is possible. They live, but we cannot guess what purposes or causes make them act. They might be intelligent, they might be self-aware, but we cannot know it.

Rev. Marsh

Worship Services

Yakity, Yak, Do Talk Back

Returning to a tradition at the Fellowship, Discussion Groups after service are being road tested as an experiment once a month. Rev. Marsh always encourages members and friends to talk to each other more often and more meaningfully. He has offered to sit and talk with whoever is interested in sharing thoughts and feelings about his sermons on third Sundays. The groups will meet at a round table near the bulletin board. Rev. Marsh and a few Board members have served as facilitators. They encourage participants to think about such questions as “What did I learn from this sermon? What else would I like to know about this subject? Was there anything that I find debatable about the presentation of this topic?” So far, the participants have upheld the UU reputation of having lots to say! Rev. Marsh models another important skill in communication: he has a good listening ear.

Joanna Foley

Hear Hear — Here!

Could you use a little help to hear the Sunday service more clearly? Help is now available—in the form of personally adjustable headphones. Each Sunday, several headphones will be available at the Greeter’s Table near the front door. Just tell the greeter if you’d like to try one and decide for yourself how helpful they can be.
Worship Team Feb 24, 2019
back, l to r: Dr. Susan, Minister Cherri, Lincoln, Doug, Charles, Wesley; front: Andy

Worship Team Mar 10, 2019
l to r: Larry, Paikea, Andy, Christine, Melissa, Dr. Susan, Jesse

Worship Team Mar 17, 2019
l to r: Jason, Sean, Rev. Marsh, Doug, Jesse, Dr. Susan

Sound Healing Sunday – Oooohmm
At the Worship Service on March 10, 2019, sound healing practitioner Melissa Felsenstein came to tell us about how sound has been used for thousands of years as a healing agent and created a 20-minute “sound bath” with crystal bowls and other natural sounds. She related her personal experience of suffering from anxiety-related health problems that were eased when she discovered sound healing. We got some feedback that folks would like to have more sound healing at BFUU from Melissa. If you would like us to bring her back for a longer sound healing session, please contact Music Committee chair Margaret or Music Director Dr. Susan. If there is enough interest, we can see if we can sponsor a sound healing event for BFUU and the community.

Dr. Susan T. Mashiyma

Eclectic Guest Musicians at BFUU
We had a variety of other guest musicians at BFUU this past month. The dynamic activist/vocalist Melanie DeMore returned to lead an energy-filled service on March 3, where she also served as the guest speaker. On March 17, St. Patrick’s Day, Irish musicians Jason Courtney and Sean Wahl delighted the congregation with the concertina, low whistle, and bouzouki, while Dr. Susan joined in on fiddle. They told us some interesting and entertaining facts about these recently incorporated instruments, such as how the ancient-sounding low whistle was actually invented in the 1970s. Another highlight of the service was when soloist James Blanchard led the congregation in a joyful and rousing rendition of “When Irish Eyes Are Smiling.”

Dr. Susan T. Mashiyma
Poor People's Campaign Update

“This is no time for a casual faith and no time to go it alone. I mean it with every fiber of my being. And it’s out of those convictions that I am joining the Poor People’s Campaign: A National Call for a Moral Revival . . .” Rev. Susan Frederick-Gray, President, Unitarian Universalist Association.

Per the Poor People’s Campaign, 55% of people in CA are poor or low-income – a total of 21.4 million residents. This includes 65% of children, 57% of women, 66% of people of color, and 39% of White people; of the 130,390 people imprisoned, over 78% are people of color. Over 134,000 people are homeless, including about 4,800 homeless LGBT youth. Working at the state minimum wage, it takes 118 hours of work per week to afford a 2-bedroom apartment. 42% of California’s workforce make under $15.00 and hour.

Contrary to common myths, our country—the richest in the world—has abundant resources to protect the environment and ensure dignified lives for all people. The problem is a matter of priorities, as more and more of our wealth flows into the pockets of a small but powerful few—and into our bloated Pentagon budget.

The CA Poor People’s Campaign invites you to attend A Poor People’s Hearing on Homelessness, Mass Incarceration, and the Criminalization of Poverty, 2-4 PM, Saturday, April 6th, Taylor Memorial Church, 1188 12th Street, Oakland.

The Hearing will feature six Bay Area people speaking on how their lives have been impacted by homelessness, mass incarceration, and/or the criminalization of poverty. Various faith leaders will serve as moral witnesses.

Your presence will help give voice to those who are most often unheard. The PPC is organizing and hosting similar hearings around the country and throughout the state as part of its effort to organize at the local level around and call attention to key issues causing and/or contributing to the evils of systemic racism, homelessness, mass incarceration, the criminalization of poverty, and environmental degradation.

Coinciding with the hearings and to shine more light into the darkness is a statewide bus tour that will make stops at hearing sites and visit impacted areas from the Yurok Reservation in northernmost CA to the CA border with Mexico. For additional information please contact Virginia.

Virginia Hollins-Davidson

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<thead>
<tr>
<th>Regular Committee Meetings</th>
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<tr>
<td><strong>Aesthetics (subcom. of B&amp;G)</strong></td>
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<tr>
<td>2nd Friday at 11:30 AM in Fellowship Hall</td>
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<tr>
<td><strong>Buildings &amp; Grounds (B&amp;G)</strong></td>
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<td>Meets once per month, contact Ben Burch or Abbot Foote</td>
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<tr>
<td><strong>Caring</strong></td>
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<td>4th Sunday at 12:30 PM in Fellowship Hall</td>
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<td><strong>Committee on Ministry</strong></td>
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<td>Meets as needed, contact Abbot Foote</td>
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<td><strong>Finance</strong></td>
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<td><strong>Music</strong></td>
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<td>2nd Sunday 12:30 PM Fellowship Hall</td>
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<td><strong>Personnel</strong></td>
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<td>3rd Thursdays 2:30 PM Mike Gardner’s house</td>
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<td><strong>Poetry</strong></td>
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<td>Meets as needed, contact Frances Hillyard</td>
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<td><strong>Religious Education</strong></td>
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<td>Meets as needed, contact Sharon Colligan</td>
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<td><strong>Social Justice Ministry</strong> (subcom of SJC)</td>
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<td><strong>Social Justice (SJC)</strong></td>
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<td>3rd Sunday 12:30 PM in Fellowship Hall</td>
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<td><strong>Worship Services</strong></td>
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<td>2nd Tuesday at 10:00 AM in Fellowship Hall</td>
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Thank you, Mother Earth
Thank you, Mother Earth, for the gift of life
and I regret the injustices we have done
as human beings
the only species that takes more than we need
the biggest predator on the living earth

Need I say more?
all you have to do is listen to the radio
any day, any hour,
to hear more than you can tolerate
even if you are part of it
this mess we have made

And in spite of the ugliness
the madness
the have-nots
the crimes and the criminals
the killing and the ugliness
the greed of the powerful

When I sit in my granny chair
I see the world through the weeds
the green, yellow, white, orange wildflowers
the bees, the birds, the squirrels
on their travels from one tree to the next
the common beings, the proletariat
like me, part of the poor
not middle class
not “home-owner”
no property, no assets
except my mind, my body, as they are
at nearly 85, exhausted from a life
of activism, urgent desire
to make my voice heard
to right the wrongs
to make the world a place
where there is no violence
no killing, no guns, no
winner-take-all

Yes, thank you, Mother Earth.

Marianne Robinson
BFUU Poet Laureate
April 2013

Thank You!
Mahalo!

Thanks to community member Rosemarie
Klems for donating these two lovely
ukuleles to BFUU’s music program!

UUA General Assembly will be in
Spokane Washington on Wednesday,
Do you want to be a delegate to GA this year?
BFUU will pay your registration fees and Judith
has a lead on free housing! If you are interested,
please speak with Judith or any other BFUU
Board member (Doug, Nanci, Mike, Jeff, Ben,
or Joanna).

Remembering Nancy Feinberg
Nancy Feinberg received her first religious
education, as a child, at BFUU, and decades
later chaired the Board of Trustees for a couple
of years. After two bouts of chemo for
pancreatic cancer, we had thought she still had
a couple of years, but she comfortably and
quickly transitioned on March 9th, with loving
family at her bedside. Nancy will be
remembered by the many children she taught,
colleagues, friends, and family as a very sweet
and kind, yet powerful, woman. Blessed be

Phoebe Sorgen
Community Voices

Bumbledoor Don aka Squire Schmutz

This doesn’t represent the views of the Fellowship. These are my personal views.

Gene Herman

Bumbledoor Don
The Corporation Con
Scams you now
Then your monies gone
Tweedle dee
Tweedle dumb
Bumbledoor Don
And
His hyper-active thumb
Prosperity & Jobs
Trust me
We got the wealth
To hell with you
And your pre-existing health
(Who said that?)
Nya Nya
N P D
Nya Nya
What chew mean
Narcissistic
Personality
Dis-order
We gots arms
We gots chains
We gots law
We gots order
Who fired who
Who said what
What you see
Is what you got
Liar
Liar
White House
On fire
So bad he wants
To be town Squire
Well here it is
Squire Schmutz
Our bottom line
Long story short
Clean air
Pure water
Healthy soil
Forget you
and your
sleazy
greasy
Earls
Every one
Lives
And walks
On Sacred Soil
Can no longer
Tweet your lying ways
Your end is in sight
Talk about dying daze
Clean air to breathe continuously
Pure water to nourish our body and soul
Healthy sacred soil
May sacred ground
Abound All Around.

Peace out...love and kisses Gene B. Herman aka Poppa Gene 5/19/17
Please thank on my behalf the ministers, worship associates, and members of BFUU for all the rewarding services and fellowship I've enjoyed in Berkeley. I'll bring back to the UU congregation in North Hatley, Québec many good memories of my time at the Fellowship.

With all good wishes,

Adele Ernstrom

To the Fellowship:

I have many happy memories of the BFUU which go back to the founding of the Fellowship. I served on many committees during the days of my active membership.

I belonged to the music committee, program committee, among others. It was the first church I'd joined and most satisfying.

I'm not able to come now, but hope you are all doing well.

Sincerely,

Margaret (Hamilton)

### Featured BFUU Events

The Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side of the Hall, and has a T-Loop system to enhance audio for those with hearing aids. The Preschool Room is only reservable by BFUU groups and is accessible on the ground level of our Religious Education Building (1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benjy Rooms are not wheelchair accessible.

#### Memorial Potluck Gathering for Richard Sandling

**Saturday April 6 at 2:30 PM in Fellowship Hall**

Richard Sandling, long-time BFUU Custodian, musician, and friend, passed away in his home. We gather together as a community to share our memories, stories, music, and food. Some refreshments provided, but bring a *potluck dish to share if you can. All are welcome!*

*If you have questions, please contact Kathy, Doug, or the office.*

*If you bring a dish, please also bring a printed list of all ingredients so those with allergies, interactions and dietary restrictions can enjoy the dishes they can eat and avoid those they can't.*

#### War Tax Resistance Granting Ceremony

**Sunday April 14 at 3 PM in Fellowship Hall**

The People’s Life Fund of the Northern California War Tax Resistance will hold a Granting Ceremony Sunday, April 14 at 3 PM in the Fellowship Hall. We'll begin with a potluck, then have our ceremony. We will give away $15,000 – interest on resisted war tax money – to organizations doing peace and social justice work, who will describe their organizations and specific projects.

The PLF offers counseling/education on various forms of war tax resistance. BFUU has long hosted this very inspiring and worthy event.

Suggested sliding scale donation $20 - $5 for building maintenance and BFUU Social Justice work. (No one turned away for lack of funds. Welcome!)

https://nwtrcc.org/resist/war-tax-resistance/

Co-sponsored by the BFUU Social Justice Committee
Weekly BFUU Events

Qi Gong & T’ai Chi with Gene Herman
*Mondays, 4-5 PM in the Connie Barbour Room*
*Wednesdays, 3-4 PM in the Connie Barbour Room*
This practice improves health and well-being at any age.

Pastoral Care with Lincoln Statler
*Tuesdays from 10 AM - 12 noon in Fellowship Hall*
Contact BFUU pastoral care team via voicemail at 510-841-4824 x2 or pastoralcare@bfuu.org.

Ministerial Office Hours with Rev. Dr. Carrie
*Tuesdays from 2 PM - 6 PM in the Ministers Office*
Contact Rev. Dr. Carrie at revcarrie@bfuu.org for an appointment. You can also leave a voicemail for Rev. Carrie on ministerial as well as pastoral care subjects at 510-841-4824 x2.

Ministerial Office Hours with Rev. Marsh
*Wednesdays from 10 AM - 3 PM in the Ministers Office*
Contact Rev. Marsh at revmarsh@bfuu.org for an appointment. You can also leave a voicemail for Rev. Marsh on ministerial as well as pastoral care subjects at 510-841-4824 x2.

BFUU Choir Practice
*Wednesdays at 7-8:30 PM in Fellowship Hall*
We practice songs for the worship services, learn melodies, and work on musicality and harmonies.
Everyone who practices with us is invited to sing with the choir at the front of the hall on Sundays, but no pressure! Everyone is also welcome to just join in on Wednesday practice for fellowship and/or to be able to sing more confidently and joyously in the congregation on Sundays. Please invite your friends and neighbors. These gatherings are offered by BFUU as a service to build community.

Monthly/BiMonthly BFUU Events

Elders Circle
*Tuesday, April 2 at 11 AM in Fellowship Hall*

Orientation for Newcomers
*Sunday, April 7 after service in the lobby of Fellowship Hall*
There is an orientation for newcomers after the service on the first Sunday of each month. All are welcome, whether you are considering membership or not.
The Hardly Strictly Acoustic Jam
Friday, April 12 at 7 PM in Fellowship Hall
Join us for BFUU’s new jam session format. Come sit in our circle, share music, songs, poetry, excerpts from your new book, jokes and stories. We welcome all entertainers and entertainees to fill the Hall with performance, connection, and appreciation for all forms of art. Sponsored by the BFUU Music Committee.
Suggested donations of $5 – $20 No one turned away for lack of funds! Volunteers appreciated!

BFUU Second Sundays Potluck*
Sunday, April 14 after service (12:30 PM) in Fellowship Hall
Come one, come all! Whether you have a dish to share* or not, we invite you to join us as we break bread in the spirit of loving community. If you can, please help us set up tables and chairs before and put them away afterward. In between, join in the bounty provided by members and friends. Members, friends, neighbors, and the wider community are welcome!
*If you bring a dish, please also bring a printed list of all ingredients so those with allergies, interactions and dietary restrictions can enjoy the dishes they can eat and avoid those they can’t eat.

BFUU Writers Group
Sunday, April 14 at 1 PM in the Preschool Room - no animals
Wheelchair accessible. Beginners welcome! Our Writers Group includes all levels, from beginner to advanced, and all genres, including fiction, short story, poetry and more. After a 7-minute writing exercise, we write for an agreed-upon period of time. Then we read our work aloud and give each other positive feedback.

Uke Jam
Friday April 19 at 7 PM in the Fireside Room
BFUU holds a uke jam on 3rd Fridays for those who want to experience more music in their lives. First-time players are welcome and if you need to borrow a ukelele, let us know because we might be able to loan you one. If you have questions or want to let us know you’re attending, please send your name and email address to jeffpalmer123@comcast.net for details on next meeting. Otherwise, please just drop in and join

BFUU Board Meeting
Thursday, April 25 at 7:15 PM in Fellowship Hall

Vintage Invasion Old Fashioned Dance Party
Friday April 26 at 7 PM in Fellowship Hall
7 – 8 pm Beginning waltz lesson
8 – 10 pm DJ dance party
10 – 11 pm Dance to live music!
Full of waltz songs new and old, swing dance, and other ballroom dances
$10, $6 students with ID No one turned away for lack of funds. Class free with dance
www.ViDanceParty.com Sponsored by the BFUU Music Committee
Other Community Events held at BFUU

The Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side of the Hall, and has a T-Loop system to enhance audio for those with hearing aids. The Preschool Room is only reservable by BFUU groups and is accessible on the ground level of our Religious Education Building (1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benjy Rooms are not wheelchair accessible.

The Swinging Singing Seniors
*Thursdays from 11 am to 12 noon in Fellowship Hall*
We are an open sing-along group (for any age, in fact) accompanied by piano, and often other instruments. We have multiple books with the words of songs from every era–gay nineties to ragtime, folk, swing, show tunes, etc. Led by Frances Kandl & Sally Reyes, we invite all to join us.

Our Revolution East Bay
Meetings are held at BFUU on the first Sunday of each month from 4-6pm in the Connie Barbour Room. Doors open at 3:45 PM
Pizza will be provided and feel free to bring something to share!

Women & Song, a women’s singing group
Directed by Deborah “DJ” Hamouris
*2nd & 4th Thursdays 7 - 8:30pm in the Preschool Kitchen*
Women & Song is looking for a few good women to sing & laugh with us! At each rehearsal we learn songs & rounds, including some originals. If you can hold your own on a round and read a bit of music, join us! $20-$10, sliding scale  Reserve your space: 510/910-2574 or deborahj@djhamouris.com

Come dance, play and connect at Village Dance Party!
*Third Sundays from 3:45 pm - 5:30 pm in Fellowship Hall*
This is a multi-generational community celebration of life for ALL ages and bodies, from babies to elders, and everyone in between. We highlight local musicians and facilitators and donate to organizations that support healthy people and a healthy planet. More info: www.villagedanceparty.com

Camp Harmony Benefit Concert
*April 27, 2019 at 7 pm in Fellowship Hall*
$20-$40 suggested donation
This year will feature a line-up of some of our San Francisco Folk Music Club favorites including, Jaeger and Reid, Pete Kronowit, The Dulcimates, Leftover Dreams, Daniel Hersh and Valerie Rose, and Yes M’am. Proceed benefit scholarships for Camp Harmony. Refreshments available. http://www.sffmc.org/ https://www.facebook.com/events/631714117276661/

Seele Stars Summer Camp
Summer is the time for friendship, imagination, and fun! Taught by a credentialed teacher with her Master Degree of Education, keep your students’ scholastic-based learning going as we incorporate singing, dancing, and acting into language arts curriculum in an engaging environment resulting in a musical theater showcase! June 17-21 & July 15-19 from 9-4pm M-F at 1924 Cedar Street Berkeley, $450. https://www.seelestars.com/
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<th>Sun</th>
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<tr>
<td>1</td>
<td>4 pm BFUU Qigong/ T’ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion</td>
<td>2</td>
<td>7:30 am Augustine Fellowship 10 am Pastoral Care* 11 am Elders Circle* 2 pm Rev. Carrie office hours* 7 pm AA Men’s Mtg</td>
<td>3</td>
<td>10 am Rev. Marsh office hours* 3 pm BFUU Qigong/ T’ai Chi* 7 pm NA Men’s Mtg 7 pm Choir Practice*</td>
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<td>7</td>
<td>9:30 am Choir Rehearsal* 10:30 am Worship Service* 12 noon Newcomer Orientation* 12:30 pm SJM Mtg* 4 pm Our Revolution East Bay 8 pm AA Mtg</td>
<td>8</td>
<td>4 pm BFUU Qigong/ T’ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion</td>
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<td>14</td>
<td>9:30 am Choir Rehearsal* 10:30 am Worship Service* 2nd Sunday Potluck* 12:30 pm MusCom mtg* 1 pm BFUU Writers Group 1 no animals* 3 pm Tax Day Granting Ceremony* 8 pm AA Mtg</td>
<td>15</td>
<td>4 pm BFUU Qigong/ T’ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion</td>
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<td>28</td>
<td>9:30 am Choir Rehearsal* 10:30 am Worship Service* 12:30 HMC-Hospitality, Membership and Caring-Cttees Mtgs* 8 pm AA Mtg</td>
<td>29</td>
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* denotes Fellowship event
Building character, enriching spirits, promoting community, and serving humankind through spiritual growth and social action.

BFUU OFFICE HOURS
Monday - Friday: 11 a.m. to 5 p.m.

BFUU OFFICE STAFF
Deborah Hamouris - Event Space Coordinator
Phone: 510-841-4824, ext. 3
Office Days: Tue, Wed & Fri
Email: rooms@bfuu.org

Susan Macke - Office Coordinator
Phone: 510-841-4824, ext. 1
Office Days: Mon, Tue, Thu & Fri
Email: office@bfuu.org

SUBMISSION DEADLINE FOR May COMMUNICATOR: April 20
Please email newsletter@bfuu.org with submissions.

Address Correction Requested
Berkeley Fellowship of Unitarian Universalists
1606 Bonita Ave.
Berkeley, CA 94709